

Helpline

Through our helpline, you can talk in complete confidence to somebody who is in or has been in a similar situation and understands how you may be feeling.

Our helpline volunteers are specially trained and experienced in listening to people affected by prostate cancer.

NORTH STAFFS PROSTATE CANCER SUPPORT GROUP

Call our helpline on

01782 722 168

01782 393 623

nsprostatecancersupport.org.uk



You're Not Alone!

We can tell you how to find out about different treatments. It is important to remember that the majority of prostate problems may not be cancerous.

You are most welcome to attend the North Staffs Support Group:



Joiners Square Community Centre

Cornes Street (off Leek Road)

Stoke-On-Trent

ST1 3JA



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Registered Charity Number: 1129646

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Providing **help, support**
& **information**



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The Next Step

Great! You have made the first step by picking up this leaflet. Now, why not take the second step and come to our local support group in Stoke, which offers advice and support to anyone affected by this increasingly common form of male cancer.

One local prostate cancer patient said:

" When I was diagnosed with prostate cancer, I experienced shock and a bleak feeling of isolation and fear. I desperately wanted to talk to someone who had been through what I was about to face..."

I was able to talk to other people who knew what I was going through. The information they gave me was of great value and convinced me of the benefit that a support group could be to new and established patients. "

NORTH STAFFS PROSTATE CANCER SUPPORT GROUP

Meetings are held on the third Wednesday of every month from 6 - 8pm at:



Joiners Square Community Centre

Cornes Street (off Leek Road)

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ST1 3JA

There is always a warm welcome to new patients, partners or carers.

The group consists of men living with prostate cancer, their families and those interested in improving the care and support of those affected by this cancer.

Symptoms

- Frequent need to pass urine
- Delay or hesitancy before urinating
- Pain in passing urine
- Inability to get or maintain an erection
- Back Pain

Not all men show symptoms. Talk to your doctor about a PSA blood test, especially if there is a family history of prostate cancer.



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